

Chart 5 - A Comparison of Vegetable Leaves

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COMMON SPECIES		RELATIVE		PROPA GROWTH (EDIBLE PARTS) TIME	
NAME	NAME	(ANNUAL OR GROWN FROM SEED)	(SEEDLING)	(LEAF)	(STEM)
		PERENNIAL	PERENNIAL	PERENNIAL	PERENNIAL
Amaranth	[Amaranthus]	[Annual]	[Seed]	[Leaf & Whole]	[High]
Baleme	[Xanthoxoma]	[Perennial]	[OH]	[Leaf & Stem]	[Low]
Bok choy	[Brassica rapa]	[Annual]	[Seed]	[Leaf & Head]	[Medium]
Buh okra	[Cochlosia]	[Annual]	[Seed]	[Leaf & Shoot]	[High]
Cenusa	[Manihot]	[Perennial]	[Cutting]	[Leaf & Shoot]	[Medium]
Chayote	[Cucurbitaria]	[Perennial]	[Cutting]	[Leaf & Shoot]	[Very High]
Falm	[Hibiscus]	[Weak]	[Seed]	[Leaf & Shoot]	[Medium]
Malabar	[Basella rubra]	[Perennial]	[Seed]	[Leaf & Shoot]	[High]
Maninga	[Moringa sp.]	[Perennial]	[Seed]	[Leaf & Young]	[Very High]
Indian	[Lactuca indica]	[Annual]	[Seed]	[Leaf]	[High]
Kai choy	[Brassica juncea]	[Annual]	[Seed]	[Leaf & Head]	[Medium]
Kale	[Brassica oleracea]	[Annual]	[Seed]	[Leaf]	[High]
Edipapan	[Canavalia]	[Perennial]	[Seed]	[Leaf & Shoot]	[Medium]
Kahai	[Sesuvium]	[Perennial]	[Seed]	[Leaf]	[High]
Lemone	[Lactuca scariola]	[Annual]	[Seed]	[Leaf]	[Medium]
Malabar	[Basella rubra]	[Perennial]	[Seed]	[Leaf & Shoot]	[High]
Spinach	[Spinacia oleracea]	[Annual]	[Seed]	[Leaf]	[Medium]
Pacific	[Brassica parachinensis]	[Weak]	[Cutting]	[Leaf]	[High]
Spinach	[Spinacia oleracea]	[Annual]	[Seed]	[Leaf]	[Medium]
Quail	[Coturniculus]	[Annual]	[Seed]	[Leaf & Shoot]	[High]
Spinach	[Spinacia oleracea]	[Annual]	[Seed]	[Leaf]	[Medium]
Water	[Hydrocotyle	[Perennial]	[Cutting]	[Leaf]	[High]
Spinach	[Spinacia oleracea]	[Annual]	[Seed]	[Leaf]	[Medium]
Water	[Hydrocotyle	[Perennial]	[Cutting]	[Leaf]	[High]

COMMON		ADAPTATION		NEGATIVE	
NAME	SPECIES NAME	DAY	TEMP	LENGTH	FLOOD/ROUGHT
Amaranth	[Amaranthus sp.]	[Hot]	[Moody]	[No]	[Some]
Baleme	[Xanthoxoma]	[Hot]	[Neutral]	[Yes]	[Low]
Bok choy	[Brassica rapa]	[Cool to]	[Neutral]	[No]	[No]
Buh okra	[Cochlosia]	[Hot]	[Neutral]	[No]	[Some]
Cenusa	[Manihot]	[Tropical]	[Hot]	[Neutral]	[No]
Chayote	[Cucurbitaria]	[Warm to]	[Neutral]	[Some]	[Yes]
Falm	[Hibiscus]	[Warm to]	[Short]	[No]	[Some]
Malabar	[Basella rubra]	[Hot]	[Day]	[No]	[Yes]
Maninga	[Moringa sp.]	[Hot]	[Day]	[No]	[Yes]
Indian	[Lactuca indica]	[Warm to]	[Short]	[No]	[No]
Kai choy	[Brassica juncea]	[Warm]	[Neutral]	[No]	[No]
Kale	[Brassica oleracea]	[Warm]	[Neutral]	[No]	[No]
Edipapan	[Canavalia]	[Hot]	[Neutral]	[No]	[Low]
Kahai	[Sesuvium]	[Hot]	[Neutral]	[No]	[Low]
Lemone	[Lactuca scariola]	[Cool to]	[Short]	[Day]	[No]
Malabar	[Basella rubra]	[Hot]	[Short]	[Day]	[No]
Spinach	[Spinacia oleracea]	[Cool to]	[Short]	[Day]	[No]
Pacific	[Brassica parachinensis]	[Hot]	[Short]	[Day]	[No]
Spinach	[Spinacia oleracea]	[Cool to]	[Short]	[Day]	[No]
Quail	[Coturniculus]	[Hot]	[Short]	[Day]	[No]
Spinach	[Spinacia oleracea]	[Cool to]	[Short]	[Day]	[No]
Water	[Hydrocotyle	[Warm]	[Neutral]	[Yes]	[No]
Spinach	[Spinacia oleracea]	[Cool to]	[Short]	[Day]	[No]