

## **Fettuccini Chayote (Vegetable Pear)**

## **Ingredients:**

<b>Amount</b> (1, .50, 8)	Unit (cup, Tbsp, g, ml)	Item (egg, chaya leaves, sugar)	Preparation (crushed, diced, whole)
1	tbsp	oil	
1	clove	garlic	minced
1	medium	onion	chopped
1		green pepper	thinly sliced
1/2	lb	mushrooms	sliced
1-1/2	sticks	butter	
3/4	cup	heavy cream	
8	OZ	fettuccini	cooked
1-1/4	cups	parmesan cheese	grated
1/4	tsp	nutmeg	
		salt and pepper	
1	lb	broccoli	cooked
1		chayote	thinly sliced and cooked

## **Recipe Instructions:**

1.

## **Recipe Notes:**

http://edn.link/zj3ek3