

Pan Supper

Ingredients:

Amount	Unit	Item	Preparation
(1,.50 ,	(cup, Tbsp,	(egg, chaya leaves,	(crushed, diced, whole)
8)	g, ml)	sugar)	
1		package frozen mixed	
		vegetables	
2 ½	cups	water	
1	1 ½ oz	package onion soup	
		mix	
1	tsp	salt	
2	cups	lentils	cooked
1	7 oz	canned tuna chunks	drained

Recipe Instructions:

- 1. In large frying pan with tight-fitting lid, combine the first 4 ingredients, stirring occasionally as they simmer 5 minutes.
- 2. Add lentils and tuna
- 3. Cook covered over low heat for 15 minutes.

Recipe Time: 25 minutes Recipe Serving #: 6

http://edn.link/peh39j