

Fried Winged Bean Seeds

Ingredients:

Amount (1, .50 , 8)	Unit (cup, Tbsp, g, ml)	Item (egg, chaya leaves, sugar)	Preparation (crushed, diced, whole)
1	cup	winged bean seeds	
1	tsp	chili powder	
1	tsp	salt	

Recipe Instructions:

1. Soak seeds 4 to 5 hours, in cold water
2. Blanch 10 minutes
3. Spread on a cloth to dry
4. Deep fry and add salt and chili powder

<http://edn.link/wrrpt2>