

Pochero A La Berding Gulay

Ingredients:

Recipe Instructions:

1. Sauté garlic and ginger in cooking oil until slightly brown.
2. Add water and bring to boil.
3. Add banana, beans and black pepper.
4. Cover and continue to boil.
5. When half-done add sliced papaya, dried minnow, tomatoes, green onions, and salt to taste.
6. Add moringa leaves.
7. Remove from heat when done and serve while hot.
8. Serves 8

<http://edn.link/wcxmg7>