

Pod Mallun

Ingredients:

Amount (1, .50 , 8)	Unit (cup, Tbsp, g, ml)	Item (egg, chaya leaves, sugar)	Preparation (crushed, diced, whole)
10		winged bean pods	shredded
1	tbsp	onion	sliced
1	tbsp	green chilies	chopped
2	tbsp	coconut	grated
1	tbsp	oil	
1	sprig	curry leaves	
1/4	tsp	turmeric	
1/4	cup	water	

Recipe Instructions:

- 1. Mix together shredded winged bean, green chili, coconut, turmeric, salt and water
- 2. Heat oil and sauté curry leaves, onion
- $3.\,\mathrm{Add}$ winged bean mixture and cook for 10 to 15 minutes

http://edn.link/cg6tga