

Breadfruit Pancakes

Ingredients:

Amount (1,.50,	Unit (cup, Tbsp, g, ml)	Item (egg, chaya leaves, sugar)	Preparation (crushed, diced, whole)
1	cup	breadfruit flour	
1	Tbsp	sugar	
1/2	tsp	baking soda	
1	tsp	baking powder	
1/2	tsp	cinnamon	
1/4	tsp	salt	
1	cup	milk (may have to add more)	
3	Tbsp	butter or vegetable oil	butter melted
2	large	eggs	
1	Tbsp	vegetable oil for pan	

Recipe Instructions:

- 1. Mix together flour, sugar, baking powder, and salt; set aside.
- 2. In a medium bowl, whisk together milk, butter (or oil), and eggs.
- 3. Add dry ingredients to milk mixture; whisk until moistened. You may have to add more liquid.
- 4. Heat a large skillet or griddle over medium.
- 5. Moisten with oil.
- 6. For each pancake, spoon 1 Tbsp batter onto skillet.
- 7. Cook 1 to 2 minutes.
- 8. Flip carefully with a thin spatula, and cook until browned.

http://edn.link/ak6p3a