

Grapefruit Conserve

Ingredients:

Amount (1,.50 , 8)	Unit (cup, Tbsp, g, ml)	Item (egg, chaya leaves, sugar)	Preparatin (crushed, diced, whole)
2	large	grapefruit	
4		lemons	
		boiling water	
1 ½	cups	seedless raisins	halved
5	cups	sugar	
1	cup	coconut	shredded
1/2	tsp	ginger	grated

Recipe Instructions:

- 1. Peel grapefruit and lemons and shred rinds.
- 2. Slice pulp very thinly
- 3. Add boiling water to barely cover
- 4. Add raisins
- 5. Blend thoroughly and set aside in refrigerator overnight
- 6. Add strained fruit, sugar, coconut, and ginger.
- 7. Simmer until nearly candied.
- 8. Pour into jars
- 9. Hot Water Bath for 10 minutes

http://edn.link/zmj43n