

# Pumpkin Dumplings

## Ingredients:

Amount (1, .50 , 8)	Unit (cup, Tbsp, g, ml)	Item (egg, chaya leaves, sugar)	Preparation (crushed, diced, whole)
1	cup	flour	
1	cup	breadfruit flour	
1/3	cup	cornmeal	
1	tsp	salt	
1/3	cup	pumpkin	shredded
		water	

## Recipe Instructions:

1. Mix first 5 ingredients together thoroughly.
2. Add enough water to form a dough that is not sticky.
3. Add more flour as needed
4. Separate into 1 inch pieces and shape into round discs.
5. Place in salted boiling water and boil 20 minutes.

<http://edn.link/r4ejha>