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## Quick Crap Marinara Sauce

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### Ingredients:

<b>Amount</b> (1, .50 , 8)	<b>Unit</b> (cup, Tbsp, g, ml)	<b>Item</b> (egg, chaya leaves, sugar)	<b>Preparation</b> (crushed, diced, whole)
1	tbsp	olive oil	
½	cup	onion	chopped
1	8 oz can	tomato sauce	
1	6 oz can	tomato paste	
½	cup	water	
2	tbsp	fresh pasley	chopped
½	tsp	dried whole basil	crushed
½	tsp	salt	
¼	tsp	white pepper	
1	6 1/2 oz can	crab meat	drained and rinsed

## Recipe Instructions:

1. Combine olive oil and onion in a 12-x8-x 2-inch microwave-safe baking dish.
2. Cover and microwave at HIGH for 3 minutes or until onion is tender, stirring once.
3. Stir in remaining ingredients except crabmeat.

4. Cover and microwave at HIGH for 4 or 5 minutes or until sauce thickens, stirring after 2 minutes.
5. Stir in crabmeat.
6. Serve over cooked pasta.

<http://edn.link/ngtxhm>