

Vietnamese Chicken Curry

Ingredients:

Amount	Unit	Item	Preparation
(1, .50 ,	(cup, Tbsp,	(egg, chaya leaves,	(crushed, diced, whole)
8)	g, ml)	sugar)	
1	tsp	canola or other	
		flavorless vegetable oil	
4	halves	chicken breasts	skinned
7	Traives	cincken breasts	Skiiiied
2	tbsp	shallots (or 2 cloves	minced
		mashed garlic)	
2-3	tsp	fresh (or rehydrated	minced
		turmeric or 1 ½ tsp	
		ground dried turmeric)	
1	tsp	cinnamon	ground
1	tsp	coriander	ground
1	tsp	cumin	ground
1	tbsp	fresh lemongrass or 1	minced
	'	tsp sereh (lemongrass)	
		powder	
1/4	tsp	black pepper	freshly ground
	'		3 3
1/16-1/2	tsp	mild to hot cayenne	
		pepper	
1/3	cup	unsweeted coconut	
		milk	
1	cup	water	
1	tsp	Vietnamese of Thai fish	
		sauce	
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Recipe Instructions:

- 1. Heat oil in large skillet over a moderate flame until very hot but not quite smoking.
- 2. Remove skin from the chicken breasts, add to skillet and sauté, turning once, until golden.
- 3. Add the shallots and spices, using the smallest quantity of cayenne and adding more later to taste.
- 4. Sauté until ingredients are fragrant, then add the coconut milk, water, and fish sauce.
- 5. Cover the skillet and simmer 10-20 minutes or until the chicken is cooked through.
- 6. Serve immediately.

http://edn.link/72cgxe